



# Have your say on our draft Suicide Prevention Strategy 2024-2029

Suicide is not inevitable, it can be preventable when early risk factors are identified. The strategy describes how organisations (such as councils, voluntary sector organisations, the police and NHS) plan to work together across Leicester, Leicestershire and Rutland (LLR) to prevent suicide over the next 5 years.

The draft Suicide Prevention Strategy 2024-2029 sets out a shared vision and priorities with the overall aim of reducing the number and rates of suicide deaths across LLR, which have remained at same levels over recent years.

The strategy was built on available data, evidence of best practice, intelligence and input from a wide range of stakeholders and people with lived experience.

Suicide prevention is a shared responsibility and requires meaningful partnerships between organisations and communities. In short, suicide prevention is everyone's business.

That is why we want to hear your views on the draft Suicide Prevention Strategy for Leicester, Leicestershire and Rutland. Your views will be used to inform the final version of the strategy, and the corresponding action plan which will detail how the priorities will be achieved.

Please read the supporting information provided before completing the survey. [\\*Link to have your say page\\*](#)

Thank you for sharing your views, they are important to us.

**Do not use the back button on your browser/device as you may lose your response. Use the buttons below to navigate the survey.**

Please note: Your responses to the main part of the survey (including your comments) may be released to the general public in full under the Freedom of Information Act 2000. Any responses to the questions in the 'About you' section of the questionnaire will be held securely and will not be subject to release under Freedom of Information legislation, nor passed on to any third party. To find out more about how, why and what information we use please visit <https://www.leicestershire.gov.uk/about-the-council/data-protection-and-privacy>

Please be aware that the theme of this strategy and survey is an emotive one and includes information on suicide and self-harm. Please prioritise your own wellbeing whilst completing this survey. Please take care of yourself and seek help if you need it.

If you feel that you require support, please consider visiting the Start a Conversation website which provides a wealth of information on matters relating to topics discussed in this survey. This includes providing contact details for sources of mental health support. Details will be provided once you click submit to this survey.

(Note: if leaving the survey during completion, you will not be able to save your progress).

Q1 In what role are you responding to this consultation?

- Leicester, Leicestershire or Rutland resident
- Interested member of the public
- Leicester City, Leicestershire County or Rutland County Council employee
- Representative of another public sector organisation (e.g. district/borough/parish council, health, police etc.)
- Representative of a voluntary sector organisation, charity or community group
- Representative of a business or private sector organisation
- Representative of a school or other educational establishment
- Elected Member or councillor (e.g. city, county, district or parish/town)
- Other (please specify)

If 'Other', please specify

Q2 If you are responding as a representative of a business or organisation, please provide the following information: *Routed if they tick representative or business (options 4~7) in Q1*

Your name:

Organisation name:

This information may be subject to disclosure under the Freedom of Information Act 2000

Q3 Are you providing your organisation's official response to the consultation? *Routed if they tick representative or business (options 4~7) in Q1*

Yes

No

Q4 Which council do you work for? *Routed if they tick 'LLR council employee' (option 3) in Q1*

Leicester City Council

Leicestershire County Council

Rutland County Council

Q5 In which area is your organisation based? *Routed if they tick representative of organisation business (option 3~8) in Q1*

Blaby district

Charnwood borough

Harborough district

Hinckley & Bosworth borough

Melton borough

North West Leicestershire district

Oadby & Wigston borough

Leicester City

Rutland

Outside of Leicester, Leicestershire and Rutland

Prefer not to say

Q6 Which area do you live in? *Routed if they tick 'LLR resident' or 'Interested member of the public' (option 1) in Q1*

- Blaby district
- Charnwood borough
- Harborough district
- Hinckley & Bosworth borough
- Melton borough
- North West Leicestershire district
- Oadby & Wigston borough
- Leicester City
- Rutland
- Outside of Leicester, Leicestershire and Rutland
- Prefer not to say

## Your experience

Please be aware that the theme of this strategy and survey is an emotive one and includes information on suicide and self-harm. Please prioritise your own wellbeing whilst completing this survey. Please take care of yourself and seek help if you need it.

(Note: if leaving the survey during completion, you will not be able to save your progress).

Q7 In the last 12 months have you accessed formal support for your mental health (e.g. from NHS mental health services)? *Not routed (asked of all)*

- Yes
- No
- Prefer not to say

### Lived or living experience of suicide

This includes people who have experienced or currently live with suicidal thoughts, people who have attempted suicide, people living with or are in relationships with those who have suicidal thoughts or those that have attempted suicide, and those bereaved by suicide.

Q8 Based on the description above, do you have lived or living experience of suicide? *Not routed (asked of all)*

- Yes
- No
- Prefer not to say

# Our draft strategy

## Our Guiding Principles

Our strategy has six Guiding Principles which will flow through all areas of work.

- 1. Co-production and collaboration** - Meaningful and authentic lived experience involvement will underpin everything we do and will be viewed as an essential part of delivering effective services and interventions.
- 2. Learn from past stories** - We will seek to understand our local suicides and the intersectionality of factors, using this to inform our future work.
- 3. Data driven** - Our work will be driven by our understanding of local data, and the current and emerging evidence base to reduce suicides. We will target our work using data and evidence, ensuring we reach those that need help the most.
- 4. Normalising conversations** - We will strive to reduce stigma and taboo around suicide and mental health and encourage people to Start a Conversation. This will be instrumental to all of our work and our priority areas. We will work with local media on aspects of mental health and suicide, ensuring stories are portrayed sensitively and safely, in line with current guidance, and challenge inappropriate reporting and conversations where necessary.
- 5. Settings-based approach** - We will adopt a settings-based approach to integrate suicide prevention activity into local communities, organisations and sectors, emphasising education, awareness and training, with a strong focus on early intervention, and local leadership.
- 6. Trauma Informed Practice and Care** - We will work to adopt a Trauma Informed Approach in our interactions, delivery and commissioning: understanding past experiences and the needs of the people we serve, including being sensitive to any trauma they may have experienced. By offering support early and being thoughtful in how we provide care, we can help improve lives.

Full details about our Guiding Principles can be found in the supporting information. Please refer to this detail when answering the following questions.

Q9 Overall, to what extent do you agree or disagree with our Guiding Principles?

- Strongly agree    Tend to agree    Neither agree nor disagree    Tend to disagree    Strongly disagree    Don't know
- 

Why do you say this? Is there anything else we should consider within our Guiding Principles?

# Our strategic priorities

We would like your views on our five strategic priorities. We will focus on achieving these priorities over the next five years.

1. Supporting the system to put in place measures to help reduce suicidal ideation and suicides in **children and young people**
2. Targeted support and resources at **higher risk groups and locations**, as identified by local and national data and evidence
3. Improve our local **understanding of self-harm** and support people with a history of self-harm
4. Providing effective **bereavement** support to those affected by suicide
5. **Leadership** - Work with system partners and communities to support their role within suicide prevention.

Full detail about our strategic priorities can be found in the supporting information. Please refer to this detail when answering the following questions.

## Priority 1

Although numbers are small there is an increasing national trend for death by suicide in children and young people which we want to address locally. We want to work across the system to support partners to put measures in place to reduce suicidal ideation and behaviours.

Priority 1: Supporting the system to put in place measures to help reduce suicidal ideation and suicides in **children and young people**

Q10 To what extent do you agree or disagree with this priority?

- |                       |                       |                            |                       |                       |                       |
|-----------------------|-----------------------|----------------------------|-----------------------|-----------------------|-----------------------|
| Strongly agree        | Tend to agree         | Neither agree nor disagree | Tend to disagree      | Strongly disagree     | Don't know            |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/>      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Why do you say this? Is there anything else we should consider about this priority?

## Priority 2

There is no single explanation of why people die by suicide – suicide is complex. However, there are common risk factors, and higher risk groups. We will use the best available data and evidence to understand our populations and locations, putting targeted interventions in place to address risk.

Priority 2: Targeted support and resources at higher risk groups and locations, as identified by local and national data and evidence

Q11 To what extent do you agree or disagree with this priority?

Strongly agree    Tend to agree    Neither agree nor disagree    Tend to disagree    Strongly disagree    Don't know

                  

Why do you say this? Is there anything else we should consider about this priority?

## Priority 3

People with a history of self-harm are a key high risk group, as demonstrated by national and local data. Locally we will work to understand our self-harm rates better, especially regarding data, whilst also working with local services and people with lived experience of self-harm.

Priority 3: Improve our local understanding of self-harm and support people with a history of self-harm

Q12 To what extent do you agree or disagree with this priority?

Strongly agree    Tend to agree    Neither agree nor disagree    Tend to disagree    Strongly disagree    Don't know

                  

Why do you say this? Is there anything else we should consider about this priority?

## Priority 4

Every suicide can have a profound and traumatic effect on those close to the individual, as well as the wider community. This puts people experiencing suicide bereavement at risk themselves. We will continue to develop and deliver the local suicide bereavement offer and ensure lived experience voice is captured and used.

Priority 4: Providing effective bereavement support to those affected by suicide

Q13 To what extent do you agree or disagree with this priority?

Strongly agree    Tend to agree    Neither agree nor disagree    Tend to disagree    Strongly disagree    Don't know

                  

Why do you say this? Is there anything else we should consider about this priority?

## Priority 5

Suicide is everybody's business. We will work with key organisations, partners and the community to ensure suicide is considered a priority and everyone has an appreciation of their role within suicide prevention. Working as system leaders, we will act collectively to drive change across LLR.

Priority 5: Leadership - Work with system partners and communities to support their role within suicide prevention.

Q14 To what extent do you agree or disagree with this priority?

Strongly agree    Tend to agree    Neither agree nor disagree    Tend to disagree    Strongly disagree    Don't know

                  

Why do you say this? Is there anything else we should consider about this priority?



# Overall feedback on our draft Suicide Prevention Strategy 2024-29

Q15 Overall, to what extent do you agree or disagree with our draft Suicide Prevention Strategy 2024-29?

Strongly agree

Tend to agree

Neither agree  
nor disagree

Tend to disagree

Strongly  
disagree

Don't know

Why do you say this?

Q16 What else, if anything, should we consider within our draft Suicide Prevention Strategy 2024-29? Do you have any views about what we could do to deliver this?

Characters remaining: left

Q17 Do you have any other comments or suggestions about our draft Suicide Prevention Strategy 2024-29?

Characters remaining: left

## Further information

Q18 Thinking about the views and experiences you have shared in this survey, in which local area do they primarily relate to? *Not routed (asked of all)*

- Leicester City
- Leicestershire County
- Rutland County
- Across Leicester, Leicestershire and Rutland

## About you

*Questions routed for residents, public and LLR council employees*

Leicester, Leicestershire and Rutland councils are committed to ensuring that their services, policies, and practices are free from discrimination and prejudice, address the needs of all sections of the community and promote and advance equality of opportunity.

Many people face discrimination in society because of their personal circumstances and for this reason we have decided to ask these monitoring questions.

We would therefore be grateful if you would answer the following questions. You are under no obligation to provide the information requested, but it would help us greatly if you did.

Q19 What is your gender?

- Male
- Female
- I use another term

Q20 Is the gender you identify with the same as your sex registered at birth?

- Yes
- No

Q21 What was your age on your last birthday? Please enter your answer in numbers not words.

Q22 What is your full postcode?

This will allow us to gather geographical information about your area. It will not identify your house.

Q23 Are you a parent or carer of a young person aged 17 or under?

- Yes
- No

If yes, what are the ages of the children in your care? Please tick all applicable.

- 0-4
- 5-10
- 11-15
- 16-17

Q24 Are you a carer of a person aged 18 or over?

- Yes
- No

Q25 Do you have a long-standing illness, disability or infirmity?

- Yes
- No

Q26 What is your ethnic group?

- White
- Mixed
- Asian or Asian British
- Black or Black British
- Other ethnic group

Q27 What is your religion?

- No religion
- Christian (all denominations)
- Buddhist
- Hindu
- Jewish
- Muslim
- Sikh
- Any other religion

Q28 What is your sexual orientation?

- Bi
- Gay or Lesbian
- Straight/ Heterosexual
- I use another term

Thank you for your assistance. Your views are important to us.

When the consultation closes on **20 December** we will refine the strategy based on the responses we have received. The strategy will then be presented in **Spring 2025**.

Please click the 'Submit button' to send your response.

Data Protection: Personal data supplied on this form will be held on computer and will be used in accordance with current Data Protection Legislation. The information you provide will be used for statistical analysis, management, planning and the provision of services by the county council and its partners. Leicester City Council, Leicestershire County Council and Rutland County Council will not share any personal information collected in this survey with its partners. We do not ask participants to identify themselves. There may be occasions where identification is possible from the information in the responses or accidentally disclosed information in free text boxes. We will treat this information as personal data and will not disclose it with our partners and anonymise it when possible. The information will be held in accordance with the council's records management and retention policy.

Information which is not in the 'About you' section of the questionnaire may be subject to disclosure under the Freedom of Information Act 2000.